



community  
access  
support  
service

# mental health services in Bristol

WHAT'S OUT THERE?

Off The Record

Changes Bristol

Avon Wildlife Trust -

Feel Good Friday

Mothers for Mothers

Employment Service

ACE

Mental  
Health  
Support  
Services

Counselling/  
talking  
therapies

Bristol Wellbeing  
Therapies

Womankind

Bristol Mind

Positive Minds

Crisis Line

The Sanctuary

Samaritans

Bristol MindLine

Crisis Houses

Crisis  
Services

Mental  
Health  
Support  
Services

Rethink

Missing Link

Second Step

Nilaari

Wellbeing Arts

Bluebell

Cruse

**Mental Health Support Services**

**ACE - Tel: 0117 239 8969. Email: [awp.bmhace@nhs.net](mailto:awp.bmhace@nhs.net). 8am - 8pm Mon-Fri**

**The Sanctuary - Tel: 0117 954 2952. Email: [awp.bmhsanctuary@nhs.net](mailto:awp.bmhsanctuary@nhs.net). 7pm-2am**

**Employment Service -Tel: 0117 9232 741. Email: [enquiry.bmhemployment@richmondfellowship.org.uk](mailto:enquiry.bmhemployment@richmondfellowship.org.uk)**

**Off the Record - Tel: 0808 808 9120. Email: [confidential@otrbristol.org.uk](mailto:confidential@otrbristol.org.uk)**

**Missing Link - Tel: 0117 925 1811. Email: [enquiries@missinglinkhousing.co.uk](mailto:enquiries@missinglinkhousing.co.uk)**

**Rethink Mental Illness - 0117 903 1805**

**Changes Bristol - Tel: 0117 941 1123. Email: [info@changesbristol.org.uk](mailto:info@changesbristol.org.uk)**

**Mothers for Mothers - Tel: 0117 2397 398. Email: [support@mothersformothers.co.uk](mailto:support@mothersformothers.co.uk)**

**Nilaari - Tel: 0117 952 5742**

**Second Step - Tel: 0117 909 6630. Email: [admin@second-step.co.uk](mailto:admin@second-step.co.uk)**

**Bluebell - Tel: 0117 922 0746. Email [info@bluebellcare.org](mailto:info@bluebellcare.org)**

**Cruse Bereavement Care - Tel:0117 926 4045**

**Avon Wildlife Trust - [WellbeingTeam@avonwildlifetrust.org.uk](mailto:WellbeingTeam@avonwildlifetrust.org.uk) 0117 980 0393**

**Counselling/talking therapies**

**Bristol Wellbeing Therapies - Tel: 0117 982 3209. Email: [awp.bwt@nhs.net](mailto:awp.bwt@nhs.net)**

**Womankind - Tel:0117 916 6461. Email:[info@womankindbristol.org.uk](mailto:info@womankindbristol.org.uk)**

**Bristol Mind - Tel: 0117 980 0370. Email: [admin@bristolmind.org.uk](mailto:admin@bristolmind.org.uk)**

**Crisis Services**

**Crisis Line - Tel: 0300 555 0334 - 24/7 line**

**Samaritans - Tel: 116 123 24/7 line**

**Bristol MindLine - Tel: 0808 808 0330 Weds-Sun 8pm-12am**

**Men's Crisis House - Tel: 0117 934 9848. Email: [awp.bmhmenscrishouse@nhs.net](mailto:awp.bmhmenscrishouse@nhs.net)**

**Women's Crisis House - Tel: 0117 924 6459**